

ALEXANDER PILATES

Release of Liability and Assumption of Risk Agreement

In consideration of being allowed to participate in any way in Pilates instruction or other activities at Alexander Pilates, the undersigned acknowledges and agrees that:

1. I knowingly and freely assume full responsibility for my participation, and all risks (both known and unknown, even if arising from the negligence of the Releasees (as defined below) or others), of participating in Pilates. The risk of injury from Pilates instruction or training and such other activities is significant, including the potential for permanent paralysis and death. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist.
2. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the management immediately.
3. I, for myself and on the behalf of my heirs, assigns, personal representatives, next of kin and insurers, hereby release and hold harmless Alexander Pilates and its owners, officers, officials, agents and/or employees, other participants, advertisers, and if applicable, owners and lessors of premises ("Releasees"), with respect to all and any injury, disability, death, or loss or damage to personal or property, whether arising from the negligence of the Releasees or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature:

Date:

Print Name:

Please initial that you understand the studio has a 24 hour cancellation policy. Every student will be given one free pass to this policy because life happens. Beyond that, you will be charged for missed appointments when less than 24 hour notice is given to Alexander Pilates. Thank you for your understanding.